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BREAST AUGMENTATION

PRIOR TO YOUR BREAST AUGMENTATION

-Prior to your visit go to www.breastsaugmentation.com or www.Breastimplantsafety.org. At your visit, you will be asked to bring photos from the internet of what you like and don't like in relation to breast augmentation. You can choose women similar to your age, height, and weight, to give Dr. Barone good indication of what you are hoping to achieve with your surgery.

-During your pre operative appointment you will receive pricing for your surgery and you can schedule a date for your surgery.

-You will be instructed to refrain from **Aspirin** or **Aspirin containing products**, such as **Advil, Motrin, Alka Seltzer, Bufferin, Dristan, Excedrin, and Midol**. You will also need to refrain from **Vitamin E, St. John Wort, Ginseng, and Ginko Biloba for AT LEAST 2-3 weeks prior to surgery** as these can cause more bleeding during surgery. For pain and discomfort, use Tylenol.

-You may be instructed to obtain a baseline mammogram. If you need a mammogram, we will set a second consultation for you after the mammogram has been performed. **Mammogram results may be faxed to us at (210)614-0400.**

-Approximately one to two weeks prior to your surgery, you will return to clinic for your pre-operative appointment. During this appointment, you will be given pre-op instructions and Dr. Barone will go over all consents with you. All outstanding surgery fees will be due at or prior to this appointment.

-You will need to make arrangements to have someone bring you the day of the surgery and to take you home after the procedure.

-You should anticipate being off work for at least 1-2 weeks after surgery.



THE DAY OF YOUR BREAST AUGMENTATION

-Your surgery will take about one hour. Your family may be with you until you go back to the operating room. The doctor will meet them after the surgery.

-The morning of your surgery, your doctor will draw marks on your breasts. These marks are necessary in planning the incisions for surgery.

-You will have a big bulky dressing around your chest after surgery, which will be removed the day after your surgery in the clinic.

-You will be seen the next day in the clinic for a post operative appointment at 2:30 p.m., unless instructed otherwise. During this post op appointment you will receive your implant information card and warranty information.

AFTER YOUR BREAST AUGMENTATION

-You will be contacted by Dr. Barone the evening of surgery. **Please be sure she has your correct contact information.**

-You will be sent home with a prescription for antibiotics. Please take the entire course as prescribed.

-You will be sent home with a prescription for pain medication. Take as needed. You cannot drive a car while you are taking the narcotics. If you feel you do not need narcotics for pain you may take extra-strength Tylenol.

-Dr. Barone will instruct you as to when you can shower. You will be given further instructions to use your hair dryer on a cool setting to dry the steri-strips each time you shower. This prevents the skin from getting macerated.

For further questions and information please call the office at 210-614-0400